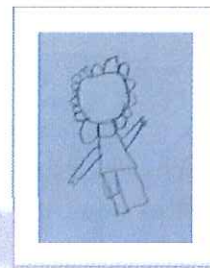
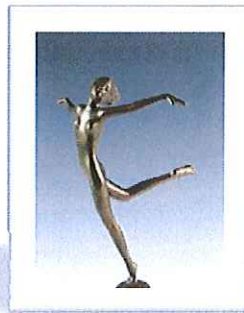


CARMEN ARRIBAS CASTILLO // DANCE // SPAIN

Workshop:

“Dance and its interrelationship with other arts:to feel, represent and dance flowers.Remembering “LoieFüller”



Duration: over 1 hour app.

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INTRODUCTION

Contemplation of nature has always been a source of inspiration for the Arts. An attentive look binds the observer and the observed. It is a necessary step to perceive, to penetrate the mystery and to grasp the essence of the focal point in order to be able to portray and characterize it with our body, mind and our own sensitivity.

We approach nature with respect, in awe, we depict leafs, flowers and trees, gradually felt through the body, we slowly metamorphose into them and we dance them, this is one of the objectives.

This enables us to analyze concepts such as symmetry, structure, proportion etc and activates a profound reflexion on reality and ourselves.

Through corporal experience of ideas and thoughts we develop an intimate and close relationship with the concepts, bestowing children access to a holistic knowledge where body, cognition and emotion remain bound together.

GOALS

- To relate art and nature.
- To understand arts as a reflection of our perception and the world around us.
- To learn to intuit the natural process of maturation in nature; symmetry, proportion and colour.
- To analyze the body scheme and the axe of the spine in relation to the symmetrical structure of leafs and flowers.
- To achieve body movement through graphic representation.
- To experiment and create dance patterns which freely reflect the unique individual perception of every person.
- To understand art as a fundamental form of expression for the human being.

CONTENTS

1. Drawing and dance through observation. Analysis and inspiration from the organic forms and the movement in nature.
2. Concept of symmetry axe in our body and in the structure of plants.
3. Dance based in our natural movements.
4. Dance as a personal expression, as a reflection of our inner being and of our perception of art.
5. Mise en scene inspired in Loie Fuller.
6. Scenic performance of a dance. Chromatic illumination that plays with the movement of textiles and materials on the body.